



## Pork and JOYA® apple coleslaw sandwich

Serves 1



Created by : John Brown Media

### Ingredients:

#### Coleslaw

- Handful of red and green cabbage, shredded
- 1 Carrot, peeled and julienned
- 2 Spring onions, sliced
- 3 Joya® apples, sliced
- ¼ cup (60ml) plain yoghurt
- Salt and milled pepper

- 2 slices ciabatta, toasted
- 1tsp (5ml) Dijon mustard
- Handful of fresh rocket or salad leaves
- ¼ cup (60ml) leftover pulled pork

### METHOD:

1. For the coleslaw, combine cabbage, carrot, spring onions and apples
2. Fold through yoghurt and season well
3. To assemble the sandwich, spread both ciabatta slices with mustard
4. Layer one slice with the rocket or salad leaves, pork and a generous helping of coleslaw
5. Top with remaining ciabatta, slice and serve