

JOYA®, CHEESE &ILTONG SANDWICHES



Created by:



Cheese and jam or cheese and ham are typical sandwich-partners, but have you ever tried cheese and apple on a sandwich?

The juicy sweetness of JOYA® apples are wonderful with a mature cheese. And why not make it even more South African by adding a slice or two of moist biltong?

Thinly slice **JOYA®** apples in the skin and rinse with cold water to prevent them from browning. Pat dry and layer them as part of a delicious sandwich filling.

Butter slices of **wholewheat bread**, add a few **baby spinach or lettuce** leaves and layer with **cucumber** slices or ribbons, **cheese of your choice**, **moist biltong** and the apple slices.

Kids may prefer the milder flavour of a white cheddar and for the adults a stronger flavoured cheese like mature cheddar, emmental or Gruyère cheese is delicious with the sweet-tangy flavour of JOYA® apples. Ready to tuck into a healthy sandwich?

