



JOYA® APPLE KEBAB SARMIES

Makes 4 large kebabs



Created by :

heleen | meyer
food consultant

INGREDIENTS:

- butter for spreading
- 4 slices wholewheat bread
- 1 JOYA® Apple in the skin, halved and cut into thin slices
- ¼ cucumber, halved and thinly sliced
- large handful lettuce
- 6 slices sandwich ham
- slices white cheddar cheese
- extra JOYA® Apple wedges

METHOD:

1. Butter each slice of bread on one side. On two of the slices, layer apple slices, cucumber, lettuce, ham and cheese. Or use your favourite combination of these ingredients.
2. Close the two sandwiches with the remaining slices and cut in quarters.
3. Skewer sandwich quarters onto long kebab sticks with extra apple wedges, more cucumber and lettuce in between. Enjoy as a light meal or snack on the go.

**FIRM
SWEET
CRUNCHY
APPLE**

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